Recommended Enrichment Programs and Activities for Girls Attending Public and Charter Schools

By Category

Participating in after-school, weekend or summer enrichment programs is a great way for you to have fun while building knowledge, character, and skills that will help you succeed in life. Enrichment programs will allow you to:

- Get a jump start on college work
- Challenge yourself in the great outdoors
- Sharpen your public speaking skills
- Explore a wide variety of careers
- Boost your reading speed and comprehension
- Develop a portfolio for applying to art school
- Take your hoops skills to the next level
- Study at a leading nursing school
- Experience what it’s like to live on a college campus
- Express yourself through dance, music, or writing
- and so much more.

We encourage you to review our list of recommended programs outlined below and select one that interests you, or research programs on your own.

**Academic Enrichment**

[Advanced College Experience](http://www.ccp.edu/site/academic/ace)

Get a head start on college work with Community College of Philadelphia’s Advanced College Experience (ACE) program. The program offers college-level courses for highly motivated high school students. Earn college credits while exploring your career interests or using your creative
talents.

Huntington Learning Center
http://huntingtonlearning.com
Make remarkable improvements in your grades, test scores, and self-esteem by taking a course at Huntington Learning Center. The success of the program lies in the one-on-one attention devoted to each student and the expertise of caring, certified teachers.

Kaplan Test Prep
http://www.kaptest.com
Kaplan helps more than three million students each year achieve their education and career goals through programs that prepare them to take high school and college admission tests.

La Salle University’s Office of Continuing Studies
http://lasalle.readingprograms.org/level/6/reading-speed.html
La Salle University offers courses in speed reading for high school students throughout the year. Learning how to read faster helps improve your concentration and makes reading more enjoyable.

National Alumnae Association of Spelman College (NAASC)
http://naasc.org/about/history.html
NAASC is the official organization that supports Spelman College — a historically black college for women — through financial gifts, student recruitment, sisterhood, community service, and recognition of Spelman women. The organization offers a historically black college and universities (HBCU) tour each spring.

Sewanee Bridge Program – University of the South
http://www.sewanee.edu/bridgeprogram
The Sewanee Bridge Program in Math and Science at the University of the South in Sewanee, TN, is a three-week residential experience for 20 rising high school seniors. The university’s facilities include state-of-the-art equipment and a 10,000-acre campus that provides many opportunities for both study and recreation.

Summer Institute for the Gifted
http://www.giftedstudy.org/index.asp
The Summer Institute for the Gifted (SIG) offers residential and day programs for gifted and talented students. SIG provides academically advanced students with an interesting and challenging educational experience, combining remarkable academic courses with cultural, social, and recreational opportunities specifically designed to fit participants’ abilities and interests. Programs are hosted on some of the country’s most prestigious college campuses.
Sylvan Learning Center
http://tutoring.sylvanlearning.com/index.cfm
Sylvan provides tutoring and supplemental educational services to students at all skill levels in various academic subjects (math, reading, writing, SAT/ACT prep, college prep, etc.). Individualized tutoring programs are based on the student’s needs. With Sylvan’s programs and support, you can be college-bound with confidence.

University of Delaware Summer College  http://summercollege.honors.udel.edu/index.html
The university provides an opportunity for high-achieving sophomores and juniors to take classes and experience campus life at the Newark, DE, campus.

Arts & Music

Art & Architecture at Penn
http://www.aasapenn.org
The University of Pennsylvania’s School of Design offers a rigorous four-week, non-credit program consisting of intensive study in one of the following concentrations: animation, architecture, filmmaking, drawing and painting, sculpture, or photography.

Girls Rock Philly
http://www.girlsrockphilly.org/programs/campers/
Learn to play musical instrument, write songs, make your own band merchandise while meeting other women in rock.

MacGuffin Theater
http://www.Macguffintf.com
Take classes in comedy, drama, film during the academic year. Or participate in a three week summer musical theater camp. It’s your choice!

New Freedom Theatre (Performing Arts)
Freedom Theatre's Performing Arts Training Program provides training in acting, dance, and vocal arts and empowers students to become artists, advocates of the arts and productive members of society.

Pennsylvania Academy of the Fine Arts (PAFA)
http://www.pafa.org/School/ Continuing-Education/Summer-Academy-for-High-School-Students/207
Earn college credits when you take classes through PAFA’s continuing education department. Immerse yourself in studio courses in drawing, painting, sculpture, and printmaking. Visit artists’ studios to learn first-hand how they develop ideas, create art and build their careers. Take field trips to art museums and galleries in Philadelphia, New York City, and Washington, DC.

**Penn State Architecture & Landscape Architecture Summer Camp**  
[http://www.outreach.psu.edu/youth/architecture](http://www.outreach.psu.edu/youth/architecture)  
At this Penn State summer camp, budding architects have an opportunity to explore the kinds of activities that take place in a university’s architecture and landscape architecture programs, all while living on Penn State’s main campus in University Park, PA. Try your hand at computer drafting and design and take part in hands-on building and model-making activities.

**Philadelphia Theatre Company**  
[http://www.philadelphiatheatrecompany.org](http://www.philadelphiatheatrecompany.org)  
ActOut Saturdays provides students the opportunity to take part in 8 weeks of workshops at the Suzann Robert’s Theater. Students will write, rehearse, and perform monologues as part of “Philly Reality”. Students may also participate in a summer theater camp.

**Philadelphia Young Playwrights**  
[http://www.phillyyoungplaywrights.org](http://www.phillyyoungplaywrights.org)  
Philadelphia Young Playwrights offers Student Playwriting Retreats for budding dramatists, providing opportunities for you to share your work and receive constructive feedback from fellow classmates, professional playwrights, and actors.

**Pre-College Saturday School – University of the Arts**  
[http://cs.uarts.edu/saturdayschool/about](http://cs.uarts.edu/saturdayschool/about)  
This Saturday program offers college-level courses — in crafts, design, fine arts, media, performing arts and writing — designed specifically for high school students. The Pre-College Saturday School is committed to providing students with an enriching experience, whether they are developing a portfolio, writing sample, short video or multimedia piece for college admission, or exploring interest in an arts discipline.

**Settlement Music School**  
Students of all skill levels can participate in individual or group instruction and activity in music, dance, and the visual arts. Individual lessons are offered in voice instruction; keyboard, string, brass, percussion, and fingerboard instruments; and music theory and composition. There are four convenient Philadelphia locations as well as branches in Willow Grove, PA, and Camden, NJ.
Temple Music Prep
http://www.temple.edu/boyer/musicprep/index.htm

Temple Music Prep, a division of Temple University’s Boyer College of Music and Dance, offers a wide range of classes through several programs: The Center for Life Long Learning offers individual lessons and group enrichment opportunities. The Center for Gifted Young Musicians trains young instrumentalists who demonstrate great potential for musical achievement. Community Music Scholars provides instruction in instrumental music and dance. You must be recommended by your school music teacher for this program.

Tyler School of Art at Temple University
http://www.temple.edu/tyler/continuinged/index.html

Temple University’s Tyler School of Art offers several workshops and non-credit programs for aspiring artists to sharpen skills, explore new territory, and find inspiration to fuel their personal pursuits in the field of art. The programs are designed to meet the needs of artists at beginning, intermediate, and advanced levels.

Walnut Street Theatre
http://www.walnutstreettheatre.org/education

The Walnut Street Theatre offers two opportunities for students to explore the world of theater through “The Theatre School” and “Camp Walnut.” Both the school and camp provide in-depth programming, consisting of concentrated workshops, classes, and performances. Explore your hidden talents, improve your communication skills, and ignite your imagination.

Young Artists Workshop – Moore College of Art & Design
http://www.moore.edu/youth_programs/young_artists_workshop

The Young Artists Workshop (YAW) offers classes in animation, computer graphics, fashion design, fine arts, photography, and more for students in grades 9 through 12. You can choose from a variety of weekend and summer programs.

Science, Technology and Careers

Drexel University Computing Academy (DUCA) http://www.ducomputingacademy.org

DUCA is a five-week, residential summer program at Drexel University in which you can explore information technology, computer science, business, and digital arts and media through interactive, group projects and labs, all while living on campus.

Global Health Academy@Jefferson http://www.jefferson.edu/population_health/gha.cfm

Explore international affairs through the perspective of global health at this summer
enrichment program at Thomas Jefferson University. Study major challenges to global health (infectious diseases, natural disasters, water shortages, etc.), participate in discussions with health experts and learn about leadership, volunteering and career opportunities in global health.

**Management and Technology Summer Institute (M&TS)**
http://www.upenn.edu/fisher/summer/apply.html
M&TS is a three-week program (for credit) for high school juniors and seniors at the University of Pennsylvania. It highlights the intersection between the fundamental principles of management and the fast-paced world of technology through classroom learning, field trips, and team projects.

**Penn Nursing Summer Institute**
http://www.jkcp.com/pennnursing
The University of Pennsylvania’s School of Nursing offers an intensive four-week program for rising high school juniors and seniors who are interested in pursuing a nursing degree. The program features cutting-edge research, the latest advances in virtual learning, and clinical experience in Philadelphia’s top hospitals. As the only undergraduate Ivy League nursing school, Penn is recognized worldwide for setting the standard of academic excellence in nursing.

**Philadelphia Free Enterprise Week (PREW)**
http://www.pfew.org/flash/about.html
Participants in PFEW learn about the American free-enterprise system and what it takes to be successful in an increasingly competitive global marketplace. The program brings students together with business people from throughout the state.

**Summer Science@Jefferson – Biomedical Sciences**
http://www.jefferson.edu/summerscience
Spend four weeks at Thomas Jefferson University learning about cell biology, molecular biology, cellular pathology, and the biology of disease. Students learn laboratory techniques such as cell culture, DNA sequencing, and polymerase chain reaction (PCR), a technique used to amplify DNA. The program is open to students entering junior or senior year of high school.

**Veterinary Exploration Through Science (VETS) Program**
http://www.vet.upenn.edu/EducationalTraining/StudentAdmissions/VETSSummerCamp/tabid/1506/Default.aspx
The University of Pennsylvania’s Veterinary School offers a summer program for 11th and 12th graders...
interested in veterinary science. Participate in rotations with fourth-year vet students and experience the practice of veterinary medicine at the university’s animal hospital. The program provides an understanding of the challenges and rewards of the veterinary medicine profession.

**Wharton Sports Business Academy (WSBA)**
http://www.whartonsportsbiz.org/businesseducation-wsba.html

This four-week program for high school juniors and seniors introduces participants to the sports management business and explains how various academic disciplines may apply to management and leadership in the business of sports.

**WHYY**
http://www.whyylt.org/hamiltoncommons/index.html

WHYY’s youth programs offer hands-on production training. You can produce short documentaries, create original radio stories, and operate equipment. WHYY offers Youth Afterschool Workshops as well as the Young Journalist Camps in the summer. Summer camps focus on multimedia journalism and filmmaking. The afterschool programs are free and are filled on a first-come, first-served basis.

**Women in Natural Sciences (WINS)**
http://www.anstp.org/education/wins/index.php

WINS is a free afterschool and summer science enrichment program at the Academy of Natural Sciences in Philadelphia. WINS introduces high school girls to future careers in science and other professions by providing hands-on science workshops, career and college exploration, and positive youth development.

**Women’s Engineering Exploration (WE2)**
http://www.temple.edu/engineering/summer-programs/we2

Temple University’s College of Engineering offers a one-week residential summer program for female high school students entering their sophomore, junior, or senior year. Students will work on engineering projects, engage in group discussions, and go on a field trip.

**Dance and Sports**

**Hoop Mountain Mid-Atlantic Girls Basketball Camps**
http://hoopmountain-midatlantic.com

The camps, which focus on teaching fundamental skills to dedicated players at all levels of ability, provide opportunities for you to improve your hoops skills. You can choose from several three-day basketball clinics held during the summer.
Koresh Dance Company
http://www.koreshdance.org/index.php
Offering classes in a wide variety of dance styles, including hip hop, ballet, jazz, modern, tap, and point. Instructors are widely regarded as some of the best in the city, and many are still professional performers.

Legacy Youth Tennis & Education
http://www.legacyyte.org
Boasting one of the most comprehensive junior tennis programs in the country, this organization offers a variety of classes for young people ages 4 to 18, at all levels of experience and ability. You can take tennis lessons and attend tennis clinics and camps in the Philadelphia area year-round.

Philadelphia Dance Co. (PHILADANCO)
http://www.philadanco.org/about
PHILADANCO is well-known for its innovation, creativity and preservation of predominantly African-American traditions in dance. The company offers classes that cultivate and develop young, emerging dancers and choreographers.

Philadelphia 76ers Camps
http://www.sixerscamps.com
The 76ers camps meet the needs of all hoops players of skill levels, from beginners to pro-level athletes. Overnight basketball and dance camps are offered as well as one-on-one camps and clinics. Learn the drills that current college and pro players have used to take their game to the next level.

Rock School of Ballet
http://therockschool.org/programs
The Rock School for Dance Education has developed a reputation as one of the nation’s top pre-professional training programs. The School has produced classically trained and versatile dancers for more than 40 years.

Leadership Development

Julian Krinsky Camps & Programs
http://www.jkcp.com
Immerse yourself in one of this organization’s world-class summer educational programs. Twelve different programs and camps — focusing on the arts, sports, fitness, and pre-college
experiences — provide you with stimulating opportunities for personal development and growth.

**Julian Krinsky International Leadership With Model UN**
http://www.jkcp.com/intleadership
Explore the dynamic world of global politics. The Julian Krinsky International Leadership Program offers students age 15 to 18 the opportunity to attend lectures by prestigious speakers and engage in peer debate while gaining an understanding of world history, current global issues, and leadership skills.

**Julian Krinsky Internships**
http://www.jkcp.com/internships
Get an inside look at a career field that interests you. This program offers students age 16 to 18 the opportunity to gain a deeper understanding of the professional world. Obtain in-depth knowledge of a career that interests you, and gain an advantage as you move toward your future career of choice.

**Junior Statesmen Foundation**
http://jsa.org
The Junior State of America and the Junior Statesmen of America conduct summer programs for aspiring leaders. Admission to the summer school programs is competitive. Acceptance decisions are based on academic achievement, leadership ability, maturity, and interest in politics, history, and government.

**Lead America**
http://www.lead-america.org
Lead America offers outstanding, high-achieving students the opportunity to experience college life while exploring their future path and discover what inspires them most. The organization partners with some of the top colleges and universities in the country to offer college immersion programs designed to prepare students for the transition to college life and beyond.

**Leadership Education And Development (LEAD)**
http://www.leadengineeringsite.org
LEAD offers high-achieving students the opportunity to take classes while living on campus for three or four weeks at some of the top business and engineering schools in the U.S.

**Leadership in the Business World (LBW)**
http://www.wharton.upenn.edu/academics/lbw.cfm
This intensive four-week program is sponsored by the prestigious Wharton School at the University of Pennsylvania. Participants engage in classroom discussions, meetings with successful, local entrepreneurs, and group projects — activities that will help shape them into effective leaders in the business world.

**National Hispanic Institute (NHI)**  
[http://www.nhi-net.org/Pages/index.aspx](http://www.nhi-net.org/Pages/index.aspx)  
NHI provides young Latino people with experiences that help them envision themselves as future community leaders. By taking part in the organization’s The Great Debate program, you can gain experience in creating strong arguments and communicating them through eloquent expression. The Collegiate World Series (CWS) program focuses on building skills that will help you excel in the college admission process and in college life.

**National Youth Leadership Forum (NYLF)**  
[http://www.nylf.org](http://www.nylf.org)  
NYLF helps prepare extraordinary young people for bright academic futures and successful professional careers. Forums are offered in a variety of topics and career fields, including law, medicine, collegiate success and national security. High-achieving high school students must be nominated by educators, organization advisors, alumni, or participating institutions in order to attend the programs.

**Outward Bound Philadelphia**  
[http://www.outwardbound.org/index.cfm/do/obyj.philadelphia_index](http://www.outwardbound.org/index.cfm/do/obyj.philadelphia_index)  
Outward Bound offers a variety of programs that emphasize personal growth through challenging wilderness experiences, like backpacking along the Appalachian Trail or canoeing on the Delaware River. Develop leadership and personal skills that you can use in everyday life at home and in school.

**YMCA Camp Ockanickon**  
The YMCA Camp Ockanickon offers one-week and two-week sessions of overnight camps for girls age 7 to 16 through its Camp Matollionequay in Medford, NJ. Living in a beautiful outdoor setting, surrounded by nature, you are given the opportunity to explore your personal limits, build your self-esteem, and discover a sense of independence in a safe, supportive, and nurturing environment.

You may also consider programs not included in this list. Please contact us at 215-790-1666, ext. 442 for more information.